



Michigan Department of Community Health
Director Olga Dazzo

Health and Wellness of Michigan

Governor Snyder's Health and Wellness Message – Legislative Briefing
September 15, 2011

Governor Snyder's Vision

A Healthier Michigan will be a Stronger Michigan

"My vision is for Michiganders to be healthy, productive individuals, living in communities that support health and wellness, with ready access to an affordable, patient-centered, and community-based system of care."

~ Governor Rick Snyder,
Health and Wellness Message



Content of Health Message

- **Health and Wellness**
 - State employees health and wellness
 - Infant mortality, teen pregnancy
 - Obesity, nutrition and food safety
 - Wellness programs
 - Seniors
 - Oral health
 - Tobacco use
- **Access**
 - Veterans
 - Technology
 - Federally Qualified Health Centers
 - Behavioral health and developmental disability
- **Health Care Reform**
 - MI Health Marketplace
 - BCBSM
 - Persons covered dually by Medicare and Medicaid
- **Improved Governance**
 - Review the Public Health Code
 - Strategic plan to address current and anticipated workforce shortages in the health care sector and identify needed regulatory reform.



3

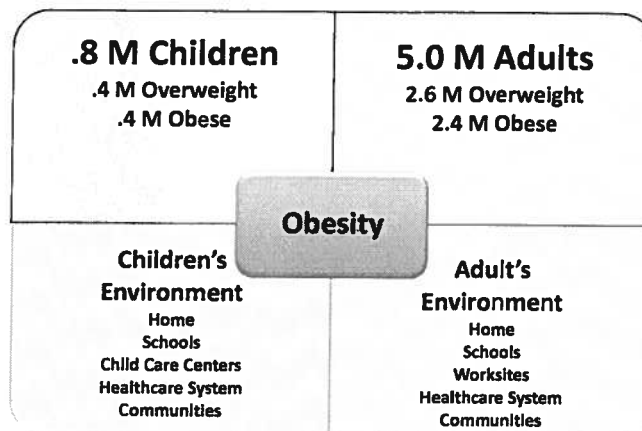
Current Health Care System

- ***Significant Advances - best acute care system in the world***
 - *Evidence Based Practice*
 - *Increased Life Expectancy/Saves Lives*
- ***Costly & Confusing***
 - *1970 - \$356 per resident*
 - *2011 - \$8,648.50 per resident*
- ***Insufficient Community Based Access***
- ***Insufficient Number of Providers***



4

Michigan's Health Status in Crisis

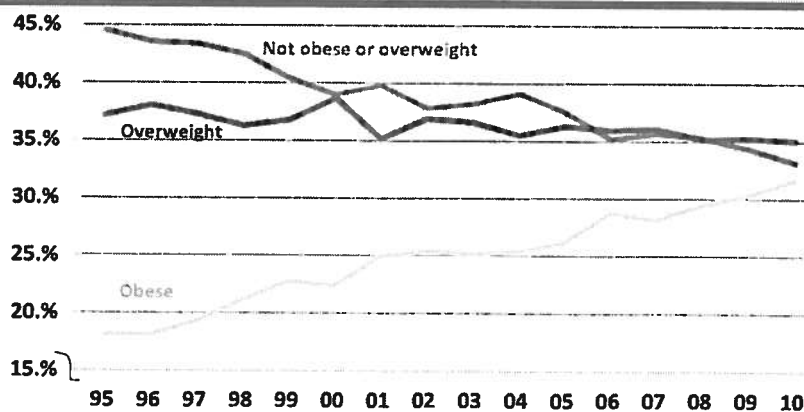


Personal responsibility and preventive measures are a must.

5

Regardless of Efforts and Dollars Spent Needle is Not Moving!

(>18 years of age)



Obese: BMI >30 Overweight: BMI >25 <29.9 Not Obese or Overweight: BMI <24.9

Source: BRFSS Survey, 2011



6

Personal Responsibility: MICHIGAN 4 X 4

4 KEY HEALTHY BEHAVIORS

- Maintain a healthy diet
- Engage in regular exercise
- Get an annual physical examination
- Avoid all tobacco use

4 KEY HEALTHY MEASURES

- Body mass index (BMI)
- Blood pressure
- Cholesterol level
- Blood sugar level

County Health Rankings: <http://www.countyhealthrankings.org/michigan>

Michigan Health Dashboard: <http://www.michigan.gov/mihealthandwellnessdashboard>



7

Call to Action

- ***Obesity, Nutrition & Food Safety***
 - Summit: September 21, 2011 Lansing Center
 - Incorporate BMI in the Michigan Care Improvement Registry (MCIR)
 - MDE to work with schools to facilitate participation in physical activity and adopt healthy menus
 - Increase access to fresh Michigan fruits and vegetables
 - Emulate cities such as City of Marquette
- ***Infant Mortality & Teen Pregnancy***
 - Nurse Family Partnership Program
 - Summit - Michigan Call to Action to Reduce and Prevent Infant Mortality – October 17, 2011 Ypsilanti Marriott



8

Health and Wellness

- ***Wellness Programs***
 - Encourage employers to adopt worksite wellness programs.
 - Communities to emulate City of Marquette to improve access to recreational activities.
- ***Seniors***
 - Reduce Mi Choice wait periods to help seniors stay at home if that is their choice.
 - Pass Senate Bills 454-468 to prevent elder abuse.
- ***Oral Health***
 - Promote importance of oral health, encourage dentists to treat disabled and elderly.
- ***Tobacco Use***
 - Veto legislative attempts to reduce taxes on tobacco products.
 - Smoke-free beaches.
 - Evaluate smoking cessation benefits.



9

Access to Health Care

- ***Veterans*** – increase access to VA benefits.
- ***Technology***
 - Michigan Health Information Network (MIHIN)
 - Develop online wellness program to achieve healthy lifestyle.
- ***Federally Qualified Health Centers***
- ***Behavioral Health & Developmental Disability***
 - Evaluate spectrum of health services delivered.
 - Create action plan to help reduce people with mental illness and substance abuse in jails.
 - Bring about efficiencies in administrative services.
 - More aggressively deal with challenges of autism.



10

Health Care Reform

- MI Health Marketplace
- BCBSM
- Persons covered dually by Medicare and Medicaid



11

Improved Governance

- Public Health Code
- Health Care Workforce



12

Conclusion

"Health is the foundation for Michigan's economic transformation — it allows our children to thrive and learn, it readies our graduates for meaningful careers, and it permits our current workforce to grow and adapt to a dynamic economy. In this message, we lay the groundwork for a healthier Michigan, a Michigan in which residents of all ages prosper and contribute."

- Governor Rick Snyder
Special Health & Wellness Message
September 14, 2011

